Metallic Nanoislands on Graphene as Highly Sensitive Transducers of Mechanical, Biological, and Optical Signals

Aliaksandr V. Zaretski,† Samuel E. Root,‡ Alex Savchenko,‡,§ Elena Molokanova,‖ Adam D. Printz,† Liban Jibril,† Gaurav Arya,† Mark Mercola,‡,§ and Darren J. Lipomi†,*

†Department of NanoEngineering, University of California, San Diego, 9500 Gilman Drive, La Jolla, California 92093-0448, United States
‡Department of Bioengineering, University of California, San Diego, 9500 Gilman Drive, La Jolla, California 92093-0412, United States
§Sanford Burnham Prebys Medical Discovery Institute, 10901 North Torrey Pines Road., La Jolla, California 92037, United States
‖NTBS, Encinitas, California 92024, United States

ABSTRACT: This article describes an effect based on the wetting transparency of graphene; the morphology of a metallic film (≤20 nm) when deposited on graphene by evaporation depends strongly on the identity of the substrate supporting the graphene. This control permits the formation of a range of geometries, such as tightly packed nanospheres, nanocrystals, and island-like formations with controllable gaps down to 3 nm. These graphene-supported structures can be transferred to any surface and function as ultrasensitive mechanical signal transducers with high sensitivity and range (at least 4 orders of magnitude of strain) for applications in structural health monitoring, electronic skin, measurement of the contractions of cardiomyocytes, and substrates for surface-enhanced Raman scattering (SERS, including on the tips of optical fibers). These composite films can thus be treated as a platform technology for multimodal sensing. Moreover, they are low profile, mechanically robust, semitransparent and have the potential for reproducible manufacturing over large areas.

KEYWORDS: Graphene, wetting transparency, strain sensor, SERS, wearable sensor, cardiomyocyte

Graphene has several attractive characteristics for designing functional nanocomposite thin films. It is flexible (and stretchable, compared to metallic films, to strains of 5–6%), conductive, transparent, amenable to large-area growth and transfer to many substrates,† and its crystalline grains can extend over dimensions reaching 1 cm.2 Critical to this paper, its stature as the thinnest obtainable 2D material gives rise to a phenomenon known as wetting transparency.3 While this phenomenon has been explored primarily with respect to liquids, for which quantities such as contact angle are a strong function of the surface energy of the layer supporting the graphene, our experiments demonstrate that this concept extends to an evaporated flux of atoms. A metal/graphene bilayer can thus be used as a template for the self-assembly of nanoparticles of diverse and controllable morphologies, that is, nanospheres, nanocrystals, and percolated networks, by e-beam evaporation. Figure 1 illustrates this concept and the range of morphologies available when only the evaporated metal (gold and silver) and the substrate were changed (copper, nickel, gold, and silver), keeping all other parameters constant. These graphene/nanoisland (NI) films exhibited sufficient robustness to transfer to nearly any surface along with characteristics such as sharp tips and gaps approaching molecular dimensions that make them amenable to sensing of chemical, optical, and mechanical stimuli.

For all the experiments, the nanoislands were self-assembled on single-layer graphene synthesized on copper foils by chemical vapor deposition (CVD, Supporting Information Figure S1).4 To transfer graphene from copper onto other metals (gold, silver, and nickel), we used metal-assisted exfoliation (MAE).5 During a single concurrent deposition of thin (10 nm) metal film (gold, silver, or palladium) onto graphene on various substrates (copper, nickel, gold, and silver) the apparent crystallinity, shape, and size distribution of the resulting nanoislands, extent of percolation, as well as the size of the gaps between the islands were different for each substrate. The resulting morphologies directly depended on the nature of the substrate material (surface energy, crystallographic orientation, Supporting Information Figure S2) and the evaporated metal (surface energy, lattice mismatch with...
graphene) (Figure 1, bottom), the number of graphene layers (Supporting Information Figure S3), as well as the processing parameters. These parameters included rate (Supporting Information Figure S4) and amount of deposition, temperature of the substrate (Supporting Information Figure S5), thermal annealing after deposition (Supporting Information Figure S6), and transfer to the final receiving substrate (Supporting Information Figure S7).

The strong dependence of the final morphology of the islands on the identity of the metal supporting the graphene suggested that growth may follow rules similar to those that have been developed for epitaxial growth. Generally, three major modes for film growth exist in a two-element system: layer-by-layer (Frank–Van der Merve), layer/island (Stranski–Krastanov), and island proper (Volmer–Weber). These modes are determined largely by the mismatches of the lattice dimensions and the surface energies between the evaporant and the substrate. A larger lattice mismatch favors island growth, while positive surface energy difference, \( \gamma_{\text{substrate}} - \gamma_{\text{film}} \), favors layer-by-layer growth. Inserting graphene between the evaporant and the substrate thus permitted tuning of the surface energy by changing the substrate metal, assuming

Figure 1. Schematic diagram of the process used to generate nanoislands (top) and scanning electron micrographs of metallic nanoislands on various substrates obtained by electron beam evaporation of evaporant (y-axis) onto a graphene/metal substrate (x-axis) (bottom). Ten nanometers of gold (first row) and 10 nm of silver (second row) evaporated onto (left to right) graphene on copper foil (as grown), MAE-transferred graphene on nickel, MAE-transferred graphene on gold, and MAE-transferred graphene on silver. Each evaporant was deposited onto the substrates concurrently in the same chamber. Scale bars: 200 nm. Scale bars in insets: 50 nm.

Figure 2. Structural evolution of nanoislands as predicted by molecular dynamics simulations. Simulated evaporation of 1.5 nm of gold onto graphene on copper (a). Plot of the change of the total surface area of gold nanoislands during 20 ns of vacuum annealing at 500 K. Merging of nanoislands is preceded by crystallographic alignment and necking (surface area increase) (Supporting Information Video S1) (b). Scanning electron micrograph of 1 nm of gold evaporated onto graphene on copper (c). Scale bar: 50 nm.
some degree of wetting transparency of the graphene. The wetting transparency of graphene on metals (Cu and Au) to liquids has been explicitly demonstrated by Rafiee et al. According to their findings (both empirical, water contact angle, and molecular dynamics simulations), single layer graphene changes the surface energy of metals by less than 2% of its initial value, so the wettability of the metallic substrates is maintained through the graphene layer. Introducing graphene on copper changed the water contact angle by \( \sim 0.3^\circ \) (from 85.9 to 86.2\(^\circ\)), while for gold the value was \( \sim 1.4^\circ \) (from 77.4 to 78.8\(^\circ\)).

The lattice mismatch between the evaporant and the graphene on any substrate was essentially fixed (\( \pm 0.5\% \)) of the mismatch value due to the substrate-induced strain on graphene.\(^{8,9}\) Considering very low diffusion barriers for gold and silver on graphene\(^{10}\) and a low rate of deposition (consistent with thermodynamic, as opposed to kinetic, control), the system with graphene is biased toward island growth mode but still correlates quite well with the model (Supporting Information Figure S8).

To elucidate the mechanism of nanoisland formation, we have performed massively parallel atomistic simulations\(^{11}\) of the deposition and annealing of gold atoms onto a graphene-coated copper (111) surface. Copper/graphene/gold was chosen as our model system due to the availability of accurate interatomic potentials\(^{12-15}\) (see Supporting Information) and because fabricating this architecture experimentally required the least number of steps. We analyzed the deposition of five monolayers of gold (\( \sim 30,000 \) atoms) onto a \( 3 \times 3 \) copper/graphene Moiré super cell\(^{16}\) (\( \sim 240,000 \) atoms) over the course of 150 ns at 400 K. The simulated deposition rate was about 9 orders of magnitude faster than the experimental rate (30 s per monolayer) so we expected the initial morphology produced by the simulated deposition (Figure 2a) to be kinetically controlled. To generate a thermodynamically controlled morphology for comparison with experiment, we performed a simulation of thermal annealing of the gold nanoislands on graphene on copper (three monolayers of gold deposited) at 500 K for 20 ns. Figure 2b shows the decrease in the total surface area\(^{17}\) of gold during the annealing. We observed that merging of islands occurs during the initial 15 ns, as noted by the decrease in the net surface area of gold, after which the rate of change of the island morphology became diminished. This observation suggested that the simulated deposition process indeed generated kinetically trapped clusters that aggregated over short (ns) time scales. The morphology predicted by the simulation in Figure 2a,b was verified experimentally for the deposition of 1 nm gold in Figure 2c. The similarity between the simulated and experimental morphologies is striking considering that the experiment was performed after the simulation (i.e., the parameters used in the simulation were not adjusted to fit the experiment).

The ability to predict the morphology of the graphene-supported nanoislands, along with their ability to be transferred to arbitrary substrates, suggested several applications in chemical and mechanical sensing. We examined the piezoresistance of metal nanoislands on graphene supported by rigid, flexible, and stretchable substrates and determined that these composites can serve as excellent strain sensors. In particular, depositing 8–10 nm of palladium onto graphene on copper and transferring the composite film onto thin (8 \( \mu \)m) polydimethylsiloxane (PDMS) by spin-coating the polymer and etching the copper substrate generated highly sensitive strain sensors capable of epidermal measurement of the human pulse pressure wave in the radial artery (Figure 3a). The device clearly resolves the systole, diastole, and the dicrotic notch (aortic valve closure). The sensitivity is among the highest of any thin-film strain sensor with the gauge factor \( (GF = (R - R_0)/R_0 \times 1/\varepsilon) \), where \( \varepsilon \) is strain and \( (R - R_0)/R_0 \) is normalized resistance) at 1% strain being 1335 (743 after 19 stretch/release cycles) (Figure 3b). We have measured strains as small as 0.001% with the graphene/PdNI sensor deposited onto a 130 \( \mu \)m thick glass coverslip. In order to induce such minor strains precisely and repeatedly, the sensor was placed onto a rigid substrate bearing 13 \( \mu \)m thick polyimide tape supporting one-half of the coverslip (the other half forming a cantilever) (Figure 3c). By applying a small force (\( \sim 0.1 \) N) to the cantilever and bringing the far edge in contact with the
substrate, 0.001% tensile strain (Supporting Information Figure S11) on the glass surface was achieved and measured repeatedly with the sensor. Thus, the graphene/PdNI strain sensors demonstrated a useful range spanning at least 4 orders of magnitude. We noticed that the sensors demonstrated a nonlinear rate of change in resistance versus strain (i.e., gauge factor) with at least two inflection points (Supporting Information Figure S12), which potentially indicated different sensing modes. The piezoresistive effect in the lowest strain regime (0.001%) is most likely due to the changes in tunneling current when the PdNI underwent small changes in separation (Figure 3d). The gauge factor of 10 in this regime is similar to literature values for changes in tunneling resistance at strains ≪1%.18 (though other similar sensors, generally prepared by interfacial self-assembly,19−21 are unsupported and thus significantly less mechanically robust than graphene/NI films, which can be transferred easily to most substrates). At the lower single-digit strains, cracks appeared in the PdNI film (Figure 3e).22 The opening and closing of these cracks in response to cyclic loading appears to be the mechanism of piezoresistance in the most sensitive regime.23 Apparently, the crack propagation through the PdNI film is suppressed by the stiffness of the underlying graphene,24 which is manifested in the reduction of the gauge factor from 735 to 316 (at 1 and 5%, respectively). At around 5−6% strain, the sensitivity increased, which can be explained by the crack onset of the underlying graphene (Supporting Information Figures S13, S14, and S20) and thus increased crack propagation through the PdNI film. Patterned graphene has been previously reported to demonstrate piezoresistive behavior in strain sensors with high gauge factors at up to 10% tensile strains due to cracking of the graphene.25 We compared the characteristics of the graphene/NI films to other piezoresistive thin-film strain sensors reported in the literature (Supporting Information Table S2). In particular, the graphene/NI films demonstrated sensitivity to the smallest strain (0.001%), exhibited the greatest maximum gauge factor (1330), and were stable to cyclic loading over the greatest range of applied strains (0.001−9%). Moreover, the ability to manipulate graphene/NI films compare favorably to unsupported films of nanoparticles, which cannot be transferred easily to arbitrary substrates. We also found excellent compatibility of these thin films with cardiomyocytes (vide infra); the ability to interface these films with biological structures could have significant implications in applications from neuroprostheses to high-throughput screening for cardiotoxicity in drug discovery.

To test the performance of graphene/AuNI sensors in biological settings, we used neonatal rat cardiomyocytes (CM) cultured on coverslips coated with poly(methyl methacrylate) (PMMA)/AuNI/graphene. We noticed excellent biocompatibility26 of the substrates with live CM without the need for additional adhesion promoters as detected by optical and scanning electron microscopy (Figure 4a,b). Our choice of gold NI films in this application was made on the basis of biocompatibility. While AuNI films have a uniform morphology on copper, the morphology changes somewhat when wet-transferred onto glass substrates to a more disordered appearance (Figures 5b, inset and Supporting Information Figure S7) and further culturing cardiomyocytes on such substrates seemed to introduce additional disorder, possibly by fragmenting previously connected nanoislands by mechanical forces imposed on the substrate. Using a specialized chamber (Figure 4c and Supporting Information), we were able to detect reversible changes in the sensor signal that correlated with the spontaneous activity of cardiomyocytes (Figure 4d). Our sensors exhibited submillisecond response time (τoff = 0.8 ± 0.2 ms, n = 173), and very high signal-to-noise ratio (between 42 and 100 for CM contractions of different strength) (Figure 4d, top left, Supporting Information Video S2). The exponential decay profile was similar for all contractions and was fitted with a single exponential function (τoff = 68.6 ± 1.5 ms, n = 173) (Figure 4d, top right). The amplitude and the temporal profile of CM contractions as detected by our sensor allow a detailed characterization of CM response and enable testing of various pharmacological compounds for drug discovery applications.27

We also examined the optical response of these plasmonically active nanoparticles. Films of noble metals are widely used as substrates for surface-enhanced Raman scattering (SERS). The large increase of the electric field in the gaps between the metallic nanostructures upon illumination with a resonant frequency enhances the Raman scattering and allows label-free identification of molecules.28 Placing SERS-active substrates onto optical fibers could allow remote sensing (e.g., for the detection of contaminants in groundwater or biomarkers in the bloodstream).29−31 To this end, we transferred graphene/AuNI films onto tips of optical fibers (Figure 5a,b) and deposited a monolayer of 1-butanolinate (BT) onto the surface structures. The modified optical fibers exhibited a strong signal, while an unstructured gold film on silicon produced no signal when excited from the top surface (Figure 5c).

Metallic nanoislands deposited on the surface of graphene, whose morphology can be controlled by the identity of the substrate supporting graphene and predicted by computation, offer a promising platform system for multimodal sensing. In contrast to films of metallic nanoparticles formed by other procedures, graphene-supported nanoislands have the capacity for manipulation and facile transfer to nearly any surface.
Deposition of these structures on relatively rigid (glass), flexible (PMMA), or stretchable (PDMS) substrates permits applications in human and structural health monitoring in which the demonstrated sensitivity spans at least 4 orders of magnitude and has among the highest absolute sensitivity and gauge factors of any thin-film strain sensor yet reported. The sensitivity and biocompatibility of these structures permit measurement of the contractions of cardiomyocytes non-invasively and may be an invaluable tool for functional characterization of stem-cell derived cardiomyocytes and multimodal screening of novel drug candidates for cardioxicity and cardiovascular drug discovery. The ability to transfer these multimodal sensors to any substrate permits mounting of structures directly on the tips of optical fibers for remote sensing by SERS.

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**REFERENCES**


